

# PERIODIC TABLE OF CHARACTER STRENGTHS

WHAT ARE YOUR STRENGTHS  
AND WHICH DO YOU WANT TO DEVELOP?

TRANSCENDENCE

APPRECIATION  
OF BEAUTY

GRATITUDE

OPTIMISM

HUMOR

SPIRITUALITY

TEMPERANCE

FORGIVENESS

HUMILITY

PRUDENCE

SELF-  
CONTROL

JUSTICE

SOCIAL  
RESPONSIBILITY

TEAMWORK

FAIRNESS

LEADERSHIP

HUMANITY

LOVE

KINDNESS

SOCIAL  
INTELLIGENCE

COURAGE

BRAVERY

PERSEVERANCE

HONESTY

ENTHUSIASM

WISDOM

CREATIVITY

CURIOSITY

LOVE OF  
LEARNING

PERSPECTIVE

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